Examining Coaching and Coach Education in the United States: 
*AMSSM Perspective*

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Disclosures

• None
My role here

- American Medical Society for Sports Medicine
  - Member since 2009
  - Research Committee since 2012
  - 2016 Program Planning Committee
  - Panelist
  - Moderator
  - Speaker
Perspective

• WVU
  • Head Team Physician/Medical Director
  • Emergency Medicine Physician
  • Primary Care Sports Medicine Fellowship Director

• USA Wrestling/Rio Olympics

• Son of a Coach
  • 52 years in education (College and High School)
  • Ed.D. from West Virginia University
    • Psychology and Sociology of Sport
Bridging the Gap

• Injury patterns of specific sports
• Prevention strategies
• Treatment strategies
• Practice plans
• Emergency Action Plans (EAPs)
AMSSM Initiatives

• Youth Early Sport Specialization Summit (YESSS)
  • Houston - April 2019

• Physician toolkit on Safe Youth Sport Participation - Spring 2020
  • Parents
  • Coaches
  • Athletes
AMSSM Initiatives

• Data for parents/coaches
  • Injury patterns
  • Training recommendations
NCAA Initiatives

- “Preventing Catastrophic Injury and Death”
  - EAPs
    - Cardiac arrest
    - Exertional heat stroke
    - Asthma
    - Exertional collapse associated with sickle cell trait
    - Any exertional or non-exertional collapse
    - Mental health emergency
NCAA Initiatives

• “Preventing Catastrophic Injury and Death”
  • Practice plans
    • Evidence- or consensus-based
    • Sport-specific
    • Intentionally administered
    • Appropriately monitored
    • Not punitive in nature
More than a bridge

Medicine

Coaching
Collaboration

Medicine

Coaching
Thank you

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